<table>
<thead>
<tr>
<th>Activity</th>
<th>Tudors: Monks and Monarchs</th>
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<tbody>
<tr>
<td>Activity type</td>
<td>Cathedral activity</td>
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<tr>
<td>Duration</td>
<td>90 minutes</td>
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The children will:
- understand what it may have been like to be a monk at Peterborough Abbey during Tudor times
- understand some of the reasons for the Dissolution of the Monasteries, the changes in the Church in Tudor times and how this impacted on the lives of people living in Peterborough

They will do this by:
- Participating in costumed role-play about life in the Abbey of St Peter during the reign of Henry VIII and the events surrounding its surrender
- Visiting the tomb of Katharine of Aragon
- Exploring the symbols in the Tudor ‘New Building’
- Finding out how the Tudor Church changed during the reigns of the Tudor monarchs (upper KS2 and 3)

Key vocabulary: Abbey, abbot, monastic, monastery, vow, tomb, remembrance, Protestant, Roman Catholic, pope, dissolution

Curriculum links: History Programmes of Study Key Stages 1 and 2 National Curriculum in England:
Aims:
- know and understand the history of these islands as a coherent, chronological narrative, from the earliest times to the present day: how people’s lives have shaped this nation and how Britain has influenced and been influenced by the wider world
- gain historical perspective by placing their growing knowledge into different contexts, understanding the connections between local, regional, national and international history; between cultural, economic, military, political, religious and social history; and between short- and long-term timescales.

Subject content:
- a local history study
- a study of an aspect or theme in British history that extends pupils’ chronological knowledge beyond 1066 (KS2)
- the development of Church, state and society in Britain 1509-1745 (KS3)

SMSC (Ofsted Inspection Handbook 2015):
Spiritual – sense of enjoyment and fascination at the world around the Cultural - willingness to participate in and respond positively to artistic, musical, sporting and cultural opportunities
Preparing children for a visit to a place of worship

During your visit, there will be people in the building to pray. A member of the Schools and Families team will introduce the children to the Cathedral but it would be helpful if you could prepare them. Below are a few ideas:

- The Cathedral is a place of worship. **What is worship?** What does that mean to you?
- **Who worships at the Cathedral?** It is a Christian place of worship, and services (group worship) take place every day. The main service takes place on a Sunday but the Cathedral is open all year (except Boxing Day) for other services or for people to visit to pray on their own or in small groups or for general visitors.
- **Will we experience worship on our visit?** If you are participating in a RE-focussed activity then you will learn about Christian worship. During your visit to the Cathedral there won’t be services taking place but there will be people visiting to pray on their own or in small groups.
- **What will they be doing?** Lighting candles, talking to the priests about their worries or concerns, reading the bible, sitting quietly on one of the chairs.
- **How should we show respect to those people?** By moving round the building sensibly, slowly and quietly, removing a hat if wearing one, keeping to main parts of the church and away from areas roped off (these are the most holy (important) areas of the church to Christian people), by having our phones on silent and taking telephone calls outside, being mindful of people sitting on their own or in small groups or lighting candles – they could be saying prayers.
- **“I’m not a Christian though….”** All are welcome in the Cathedral regardless of whether they are Christian or not.

We hope you enjoy your visit to the Cathedral and look forward to welcoming you

Alex, Judi and all the team in the Schools and Families Department